

TRAINEE DAY CHALMERS



Welcome to Traineeday 2025

Welcome to Trainee Day 2024! This year will celebrate the 10th year of our trainee fair!

Before you start reading this catalogue, I want you to think about what could happen if you simply said "Hi"!

You never know where a simple hello might lead. A short conversation at this fair could turn into a career opportunity or a spark of inspiration. Take a chance, ask that question, start that chat, and see what doors it might open.

Trainee Day is the perfect place to do just that, say hi, be curious, and let the conversations begin.

All the best,
Isabelle Isaksson
EVP and Head of
Traineeday Chalmers



Schedule

- 09:15** | Registration opens
*For group 1 | Vörtpannan,
next to STORE entrance*
- 09:45** | Information & seminar
*-GKN Aerospace
RunAn*
- 10:15** | Fair opens
Volvofoajen
- 12:15** | Fair is closed
- 12:25** | Registration opens
*For group 2 | Vörtpannan,
next to STORE entrance*
- 12:45** | Information & seminar
*-GKN Aerospace & One Subspace
RunAn*
- 13:30** | Fair opens
Volvofoajen
- 16:00** | Closing ceremony
Thank you for attending!

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Chalmers Studentkår Promotion is one out of three student driven companies consisting of students from both Chalmers and Gothenburg University.

You've probably attended either a lunch lecture or a mingle event of ours, and now we meet here at Traineeday Chalmers. The main reason why we are organizing events such as Traineeday Chalmers is to help students at Chalmers meet their future employers and create a network that can help them to reach their dreams.

Who knows- maybe you'll be our next colleague in the future.

Combine the best of both worlds- join us and gain experience in terms of sales and project management parallell with your studies!

To learn more about us visit www.chalmerspromotion.se and make sure to follow us on our social media to keep up with all of our events!



Meet the team behind the fair!



Isabelle Isaksson
*EVP and head
of Trainee day Chalmers*



Anton Samuelsson
EVP and Head of Sales



Artur Rekstad
Art director



Fabian Svanberg
Social media manager

Dear future trainee!

Today, you'll get the opportunity to meet with carefully selected companies in an exclusive, relaxed and professional setting focused on Trainee-services and your career after your examination. **Enjoy!**

What's a trainee anyway?

As a **trainee** you are enrolled in a company's trainee program. This program usually consists of a **career boost** where the trainee gets to try out a bunch of different roles with **full pay** at that company. The duration of a trainee position is usually in the range of between **6-18 months**, and often combined with **international possibilities**.

Don't miss out on our competition!

Make sure to partake in our guesstimate competition in Volvofoajen, and take the chance to win great prizes!

1st price: 1000 SEK at your student union card

2nd price: 500 SEK at your student union card

3rd price: Flat of Celsius

Programs at Trainee Day 2025

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Architecture/Architecture and Engineering

AE

Business Development and Entrepreneurship in Civil Engineering

D

Computer Science and Engineering

DS

Chalmers Doctoral Students Guild

E

Electrical Engineering

F

Engineering Physics

GS

Global Systems Engineering

GU

School of Business, Economics and Law

H

Bachelor of Science

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Industrial Engineering and Management

IT

Software Engineering

K

Chemical Engineering and Biotechnology

KfKb

Chemical Engineering with Physics

M

Mechanical Engineering

Sjö

Mechanics and Maritime Sciences

TD

Industrial Design Engineering

V

Civil Engineering with Infrastructure and Urban Planning

Z

Automation and Mechatronics Engineering



About us

Building on over 140 years of excellence, our more than 105,000 employees worldwide are committed to delivering on our purpose with innovations that create success for ABB and all our stakeholders. Our solutions connect engineering know-how and software to optimize how things are manufactured, moved, powered and operated. In collaboration with our customers, partners and suppliers, we address the world's energy challenges, transform industries and embed sustainability in everything we do.

Number of
trainee positions

12

Scan to apply



Our trainee program

ABB Discovery graduate program - 18 months. 3 rotations. 1 journey for life. From your very first day, you are permanently employed and set on a journey of learning and discovery.

Over 18 months, you'll dive into three exciting six-month assignments of your choice – each one a chance to explore a new field, push your boundaries, and find where your passion lies.

As a Graduate Trainee, you'll take on real challenges, explore different roles, and build a career that drives progress — for you, your team, and the world.

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About us

Bring is part of the Norwegian postal and logistics group Posten Norge, one of the largest logistics providers in the Nordics with around 13,000 employees. Posten serves private customers in Norway, while Bring focuses on business customers across the Nordics and private customers outside Norway. The group is committed to innovation, digitalization, and sustainability, with ambitious goals. The vision is to simplify everyday life and make the world smaller.

Number of
trainee positions

4-6

Scan to apply

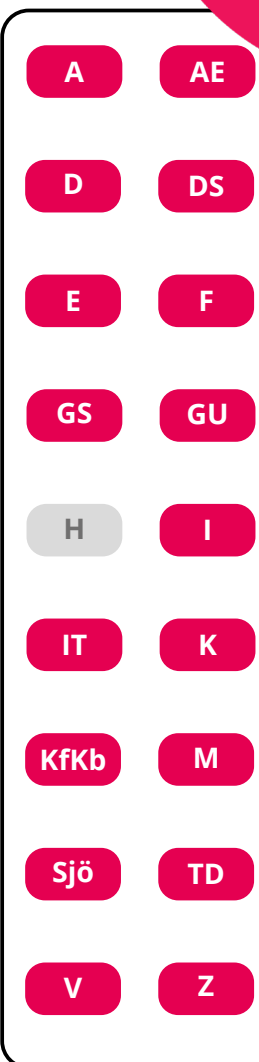


Our trainee program

Bring's trainee program is a unique opportunity to build knowledge and network within a major Nordic corporation.

The two-year program consists of four placements across the organization, each lasting 4–6 months. Trainees are given real responsibilities and become active contributors to departments or projects. The first placement is always in Oslo, allowing trainees to get to know the company and each other. After that, trainees can choose where in the Nordics they want to work. Each year, the program includes two cohorts—first-year and second-year trainees—who participate in joint activities and form a close-knit group. The program has existed for over 20 years and is highly valued across the organization.

Many trainees move on to central roles after completion, supported by the experience and network they've built. It's a strong launchpad for a career at Bring, offering both personal development and the chance to make a real impact.





About us

Every time you travel by air, almost anywhere in the world, it is likely that GKN Aerospace is helping you on your way. Our technologies and components are used in 90% of the world's aircraft, ranging from the most used single aisle aircraft to the largest passenger planes in the world as well as business jets and the world's most advanced 5th generation fighter aircraft. We are continuously evolving, pioneering new technologies and reinventing existing ones, stretching ourselves to be better in everything we do.

Number of
trainee positions

7

Scan to apply



Our trainee program

Throughout your graduate journey we will give you the opportunity to test and grow both your professional and personal skills. We aim to match your talents and aspirations to our strategic and operational needs – ensuring a fulfilling career for you and a thriving business for us.

During the 22-month program you will complete rotations within the company where you have the opportunity to explore different areas of our business at the same time as you work on real projects, solving real problems and delivering real change.

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BOLIDEN

About us

Join us in building the future of metals and creating impact in the industry and beyond!

At Boliden you will spend every workday exploring how to improve society for generations to come. How to use engineering and innovation to make the shift that will drive more sustainable business. How to use your courage to challenge existing ways of working, learn and grow a caring global team where our differences make us stronger.

Number of
trainee positions

17

Scan to apply



Our trainee program

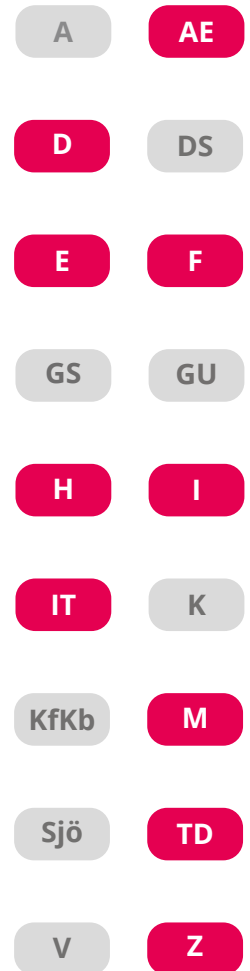
The future is not shaped yet. It's a blank page. A clean slate.

To define what's next, we need to think differently. With our heart and our head, and with questions like "why not"?

With us, you will grow with guidance be challenged with real work and real trust. And shape the world from the ground up. With you, we can craft the future ahead.

Guided by fresh thinking, mindful intent and bold doing you will carry our legacy of innovation forward, to the next generation, and beyond.

What lies ahead is yours. You are the hearts behind tomorrow.



HITACHI

About us

Hitachi Energy är en global teknikledare som utvecklar lösningar för att möjliggöra en hållbar energiomställning. Med över 100 års erfarenhet inom kraftöverföring och automation, kombinerar företaget innovation med digitalisering för att bygga framtidens kraftsystem.

Hitachi Energy spelar en nyckelroll i att balansera den ökande efterfrågan på el med behovet av minskade utsläpp. Genom samarbete med kunder och samhällen världen över bidrar företaget till en mer elektrifierad, hållbar och motståndskraftig framtid.

Number of
trainee positions

16

Scan to apply



Our trainee program

For Power+:

Shape the Future of Sustainable Energy with Hitachi Energy's STEM Global Power+ Graduate Development Program

Are you ready to embark on a transformative journey in the energy sector? Our flagship early career rotational program spans 13 countries, including Brazil, Canada, China, India, Italy, Japan, Kingdom of Saudi Arabia, Poland, Sweden, Switzerland, United Kingdom, United States, and Vietnam. As a participant, you'll join an expanding global network, gaining exposure to diverse roles and experiences across various Business Units and Functions at Hitachi Energy.

Program Overview:

Unique Learning Experience: The program offers a distinctive career development journey through three six-month rotations (18 months total). Each rotation focuses on projects that enhance your skillset, allowing you to choose your assignment area. You'll join us as a full-time employee, steering your own career path from day one.

Leadership and Business Acumen: Ideal for those looking to fast-track their leadership potential and gain comprehensive business acumen. The program begins in September 2026, with the first rotation in Ludvika, Sweden. Subsequent rotations may be abroad, depending on project choice and business opportunities.

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L'ORÉAL

NORDIC

About us

L'Oréal Nordic is a dynamic and diverse community of over 900 employees across Denmark, Sweden, Norway, and Finland. As part of the world's #1 beauty company, we're committed to creating beauty that moves the world. With a strong focus on sustainability, innovation, and inclusivity, we're shaping the future of beauty while staying true to our Nordic roots.

Number of
trainee positions

25

Scan to apply



Our trainee program

L'Oréal Nordic's Management Trainee Program is a 18 month program with rotations across key functions (marketing, sales, e-commerce, supply chain, finance) located in Copenhagen but with a scope span across the Nordics. Trainees take on real responsibilities from day one, receive mentorship and structured training, and gain cross-functional and international exposure, leading to placement in a junior permanent role afterwards.

Graduate positions are 12-months fixed-term entry-level roles directly within a specific team (e.g., brand marketing, commercial, digital, supply, finance). They offer immediate impact, on-the-job learning, and tailored development without formal rotations. The roles are based in Copenhagen, Stockholm, Oslo, or Helsinki.

Both tracks target recent graduates with strong analytical skills, creativity, drive, and fluency in English; local language skills are often an advantage, but not a requirement.

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About us

Lidl är fullt av möjligheter! Självklart har vi våra butiker och lager, men bakom kulisserna finns alla möjliga roller och karriärvägar. På våra kontor hittar du bland annat supply chain, HR, fastighet, inköp, controlling, IT och försäljning. Inom alla våra olika områden erbjuder vi traineeprogram och juniora roller.

Internationellt finns vi i drygt 30 länder och är Europas största dagligvarukedja. Här får du utvecklas och utmanas, både professionellt och som person. Det lönar sig att joina oss i #teamlidl.

Number of
trainee positions



Scan to apply

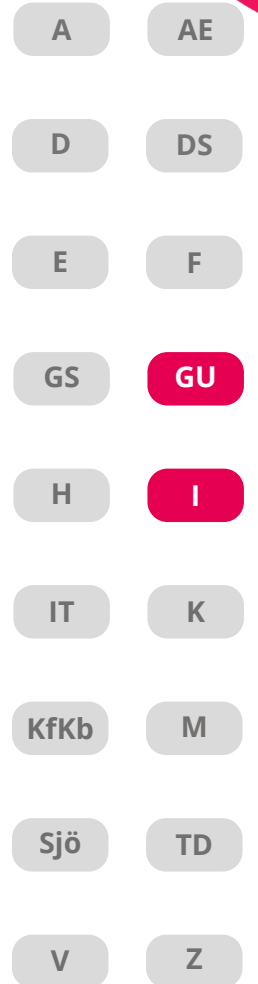


Our trainee program

Lidls traineeprogram är den perfekta starten för dig som vill ha en snabb och rolig karriärstart! Här får du en unik chans att se hur allt hänger ihop, från att fylla på hyllor i butiken till att ta strategiska beslut på kontoret.

Det är en intensiv men spännande resa, fylld med praktisk erfarenhet, personlig utveckling och en mentor som peppar dig hela vägen. Målet är att du ska bli en av våra framtida ledare.

Om du är driven och vill ha ett jobb där du lär dig något nytt varje dag, då är det här för dig!





About us

ONE Nordic is one of Sweden's leading providers of technical consulting services, contracting, and maintenance within the energy and industrial sectors.

ONE Nordic is driving the development of Sweden's energy infrastructure. We design, plan, and build the sustainable energy society of the future together with our customers. In short, we ensure that energy reaches both people and industries — today and for generations to come.

Our customers include energy producers, energy distributors, and energy users. We offer industry-leading expertise in developing, building, modernizing, optimizing, and maintaining our customers' facilities. By working alongside the largest players in the sector, we develop high-tech and sustainable energy systems.

Number of
trainee positions

5 - 10

Scan to apply



Our trainee program

Project Manager Trainee at ONE Nordic

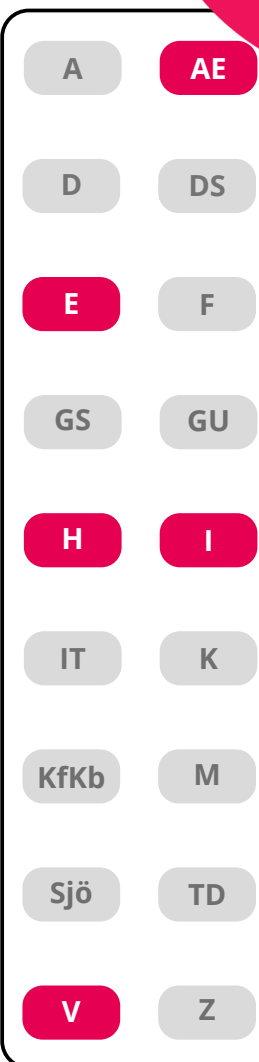
A career where every day brings a new challenge. Imagine a role where you take part in leading innovative projects that shape the future of energy solutions. That is exactly what you can expect as a Project Manager Trainee at ONE Nordic.

An environment for growth and real impact. At ONE Nordic, you will develop in a dynamic and supportive workplace. From day one, you will take on real responsibility and have the opportunity to make a tangible difference.

Learning from industry experts. You will work side by side with experienced professionals and gain hands-on knowledge in areas ranging from effective project management to advanced technical solutions that pave the way for a sustainable future.

More than just a first step. This is not only a chance to enter the industry and build a unique professional network — it is also an opportunity to shape your career while contributing to the green transition.

Be part of the future of energy. If you are looking for growth, challenges, and the chance to be at the forefront of the energy sector, ONE Nordic is the right place for you.





About us

Scania is a world leading provider of transport solutions. Our purpose is to drive the shift toward a sustainable transport system, creating a world of mobility that is better for business, society, and the environment. Building on the past. Preparing for the future.

Be part of our journey as we transform the future of transport for a better tomorrow!

Number of
trainee positions

TBD

Scan to apply



Our trainee program

We like to say our products touch nearly everything in your life!

We're in the business of innovation. We're not just a software company, a PLM (Product Lifecycle Management) company, DMU (Digital Mock-Up) company, or a 3D Design company.

We're unique in that we're a science-based and technology-powered company that provides virtual twins to drive human-centric experiences that allow our customers to create innovative new products and services.

<https://www.3ds.com/about>

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Sveriges
Ingenjörer

Scan to apply



About us

Begin Your Life As an Engineer With Us

The Engineers of Sweden is the union for engineering students and Graduate Engineers. We support you throughout your education and prepare you for your future as an engineer.

For only 15 SEK/month, you get advantageous insurance, access to scholarships, an unbeatable network, CV and LinkedIn-reviews, advisory services etc.

Whilst you focus on your studies, we focus on you. Become a member today.

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About us

Founded in 1927, the Volvo Group is committed to shaping the future landscape of sustainable transport and infrastructure solutions.

Every day our products and services help to put food on our tables, carry people to work or school, build roads, keep our cities clean and much, much more, effectively helping to meet the growing demands of our world.

Number of
trainee positions

9 - 30

Scan to apply



Our trainee program

The program gives the possibility to explore the world while working with people from more than 130 nationalities. The graduates will gain insights into many different areas and roles, organizations, cultures, and build a fantastic network to prepare for the future.

The Engineering Graduate Program is offered with placement in Sweden, US, Brazil, France

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About us

Parker products can be found on and around virtually everything that moves. Why? Because we are a global leader in motion and control technologies that make a difference in people's lives. Parker provide precision solutions for a wide range of mobile and industrial applications as well as the aerospace sector. We offer unmatched breadth and depth in our product portfolio, founded on a global market-leading position across nine core technologies in motion and control: aerospace, climate control, electromechanics, filtration, fluid and gas handling, hydraulics, pneumatics, process control, and sealing & shielding.

Challenges drive Parker people forward. We are continuously seeking new ways to innovate, combine technologies, collaborate, develop systems and partner with our customers to solve problems. As it is endless engineering challenges still waiting to be solved, we need YOU! People with the talent and drive to make the world move.

Number of
trainee positions

3 - 4

Scan to apply



Our trainee program

At Parker we help students and recent graduates to become the next generation of leaders, entrepreneurs and engineers. You are vital to the future of our business. By starting your career at Parker, you will learn new ways of working with colleagues and be empowered to make decisions with guidance and coaching from senior leaders. You will work in multicultural teams and build your own network.

The Graduate Program offers opportunities in seven disciplines: Commercial, Operations, Supply Chain, Finance, Engineering, HR, and IT, allowing you to explore varied career paths and build a broad skill set. During the two year program (four six-month rotations), you will complete multiple assignments — including one international rotation — gaining hands-on experience across different roles.

We seek talented, motivated individuals who possess the humility to succeed as part of a team. Your ideas can improve people's lives and protect our planet.

Join us to help solve our customers' challenges.

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About us

DRIVE Engineering is a structured, competency-based development program for Engineer to Order (ETO) roles at OneSubsea. It defines a clear career path with promotion criteria across three fixed steps. Each step includes targeted training and experiences to build technical, management, and interpersonal skills.

For field engineers, DRIVE Field Engineering is a time-bound, self-driven progression program with three levels, from Field Engineer Trainee to General Field Engineer, focused on developing competencies and supervisory capabilities. Both tracks are built around a competency system to ensure readiness for advancement and align with SLB's vision of delivering high-quality, integrated services.

Number of
trainee positions

5

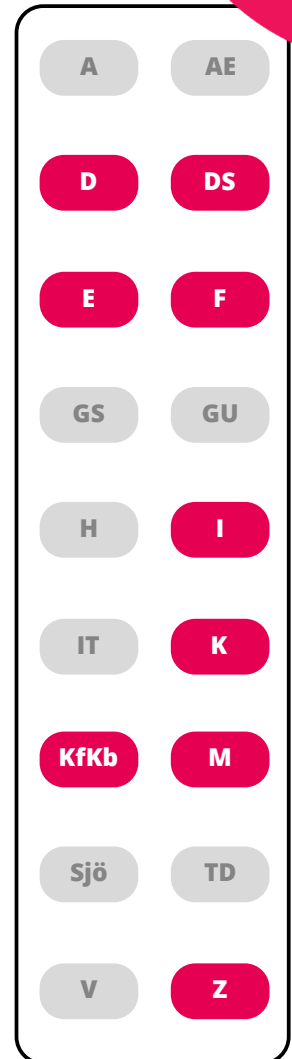
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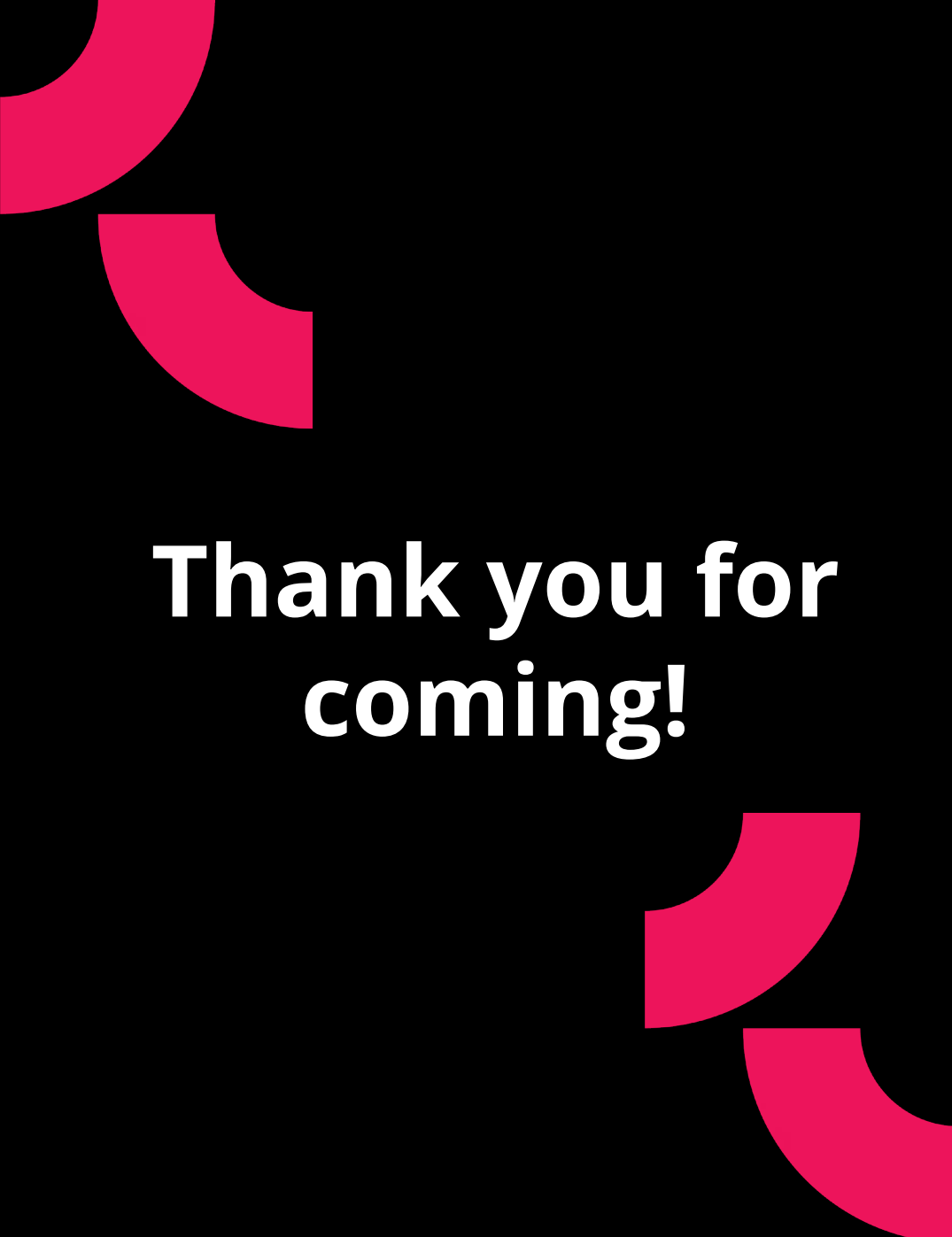


Our trainee program

OneSubsea is driving the new subsea era that leverages digital and technology innovation to optimize our customers' oil and gas production, decarbonize subsea operations, and unlock the large potential of subsea solutions to accelerate the energy transition.

We are a joint venture backed by SLB, Aker Solutions, and Subsea7 headquartered in Oslo and Houston, with 11,000 employees across the world





Thank you for coming!



@chalmerspromotion



Chalmers Studentkår Promotion

2025



**CHALMERS.
STUDENTKÅR
PROMOTION**